



KEEP ACTIVE & HEALTHY
SUPPORT HEART DISEASE
BE MOTIVATED &
ENCOURAGE OTHERS

Sports Day + Jump Rope for Heart

Jump Rope for Heart is an engaging, healthy and fun way to motivate each child to exercise and be healthy and active throughout their lives!

THURS 2ND APRIL

SKIPPING COMP

KIDS VS KIDS
KIDS VS LEADERS
LEADERS VS LEADERS

