



Aranda Afters Association Incorporated -

ARANDA AFTERS AFTERNOON TEA MENU 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SANDWICHES	Chicken	Ham	Chicken	Ham	Chicken
	Cheese	Cheese	Cheese	Cheese	Cheese
	Vegemite	Vegemite	Vegemite	Vegemite	Vegemite
	Honey	Jam	Honey	Jam	Honey
VEGETABLES	Carrots, Celery, Cucumber	Carrots, Celery, Cucumber	Carrots, Celery, Cucumber	Carrots, Celery, Cucumber	Carrots, Celery, Cucumber
FRESH FRUITS	Red & Green Apples, Pears, Oranges	Red & Green Apples, Pears, Oranges	Red & Green Apples, Pears, Oranges	Red & Green Apples, Pears, Oranges	Red & Green Apples, Pears, Oranges
DRIED FRUIT	Sultanas	Sultanas	Sultanas	Sultanas	Sultanas
DAIRY	A variety of Plain, Vanilla and Fruit Yoghurts are available for students across the week				
BISCUITS / CRACKERS	A variety of Saladas, Saos and Rice Crackers are available for students across the week				
DRINKS	Water	Water	Water	Water	Water

IF YOU HAVE ANY AFTERNOON TEA DIETARY NEEDS, IDEAS OR SUGGESTIONS PLEASE SEE CARMEL IN THE CANTEEN!